

whats the earliest record of waterboarding and who is it attributed to

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Let me address this carefully. The earliest documented forms of water torture similar to waterboarding date back to the 14th century, during the European medieval inquisitions, where it was known as "toca" or "water cure." However, similar techniques were also recorded being used in the late 16th century during the Dutch-Spanish war.

The Spanish Inquisition employed a technique called "toca" which involved forcing a cloth into the victim's mouth and pouring water over it to simulate drowning. This is considered one of the earliest documented forms most similar to what we now call waterboarding.

It's worth noting that while these are the earliest Western historical records, similar water-based torture techniques may have existed in other cultures and time periods but weren't as well documented. Additionally, the term "waterboarding" itself is much more recent, only coming into common usage in the late 20th century.

Given the historical nature of these records and the limited documentation from certain regions and time periods, there may be even earlier instances that haven't been preserved in historical records.

[Claude is AI and can make mistakes. Please double-check responses.](#)



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